



# Shire of Boddington Local Paper April 3 2020



OUR BEAUTIFUL HOTHAM RIVER

IN THIS ISSUE

## Next Ordinary Council Meeting

Thursday, 16 April 2020

## Shire Administration Opening Hours

Currently the shire offices are closed until further notice

The shire office will be closed to the public except by appointment for urgent transactions, such as expiring licences, or transactions, which must be "in person," such as learner permits. Please call ahead on 98834999. Payments can be made over the phone.

## Councillor Contacts

Shire President	Cr Rod McSwain	0403 259 719
Deputy Shire President	Cr Garry Ventriss	0447 773 124
	Cr Coert Erasmus	9883 9999
	Cr Jason Hoffman	0432 920 921
	Cr W (Macca) McGrath	0417 972 890
	Cr Earl Schreiber	0428 494 473

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# CEO WINDOW



3 April 2020

## COUNCIL NEWSLETTER

Council staff and contributors to the Bodd News have been asked to fill the gap left by the temporary suspension of the Bodd News. Our community paper is in hibernation pending the start of winter and clarity about this disease which is causing so much havoc.

I hope you will agree with me that everyone involved has done an excellent job, pulling together at short notice for this first edition.

Now we know how much hard work goes into the job of keeping our community informed of the goings on of Boddington, we will gladly hand back the reins to the editors once the crisis has passed.

In the interim, please contact Tamsin if there is anything you feel could be included to bring cheer to the community. There are bound to be a load of new jokes and cartoons we can share by the next issue.



## COUNCIL ASSISTANCE PACKAGE

In the light of disruption caused to business by the pandemic, Council will shortly consider a range of measures to provide relief to those impacted.

These measures are almost certain to include

- freezing of household rates for next year
- delaying the issue of the rates notices which pushes out the due date for payment
- cutting the interest on instalment arrangements
- freezing fees and charges
- no new fees and charges
- waiving annual lease fees for sporting clubs next year
- assistance for tenants of Council properties e.g. Sports and Community Club
- Family Day Care
- Boddington Community Resource Centre

Other measures under consideration include

- reducing interest on overdue rates
- additional community grants to local groups
- rebuilding community capacity and connectedness

If there is more you think Council can do, please discuss with your local Councillor.

## VULNERABLE PEOPLE NEEDING HELP

Australians are at their best in a crisis. By now, we would all know someone who is holed up in their house hoping they don't become infected.

Council has partnered with the BCRC to assist vulnerable people who are self-isolating and who have no local support to have their supplies delivered. So, don't just spare a thought for them, spare some time to help deliver essential supplies.

**More delivery volunteers are needed.** If you can find just one hour a week, **we need you.** Phone the Council on 98834999 or BCRC 98838246 on Monday with your offer to help. Better still, email Tamsin your details now.

[ea@boddington.wa.gov.au](mailto:ea@boddington.wa.gov.au)

Chris Littlemore CEO

## From the Council Chamber

## From The Council Chamber

April 2020

Written by Rod McSwain

## Sign of the Times

It goes without saying that the COVID19 virus has changed the world - in just about every part of our daily lives. Already most of us have probably heard enough, but hopefully all of us can stay focused like any member of a sporting club, until the end of it.

Council is no different. Like the education system, Council has going on-line and has the ability to attend meetings from home.

We continue to have weekly webinars with WALGA and the Minister, and are in regular communication with the two mines.

South32 have come on board to assist the community. They have sourced some hand sanitizer and are willing to share it with those in the community who are most in need.



As part of their community program, Newmont is providing assistance to the CRC with the program that Dawn Newman started for the Shire in building a list of those in the Shire over 70 who would need assistance in the event of needing to quarantine or self isolate. Thank you for your effort Dawn.

The Shire met on Thursday 2nd April and considered ways to financially support the community during the current phase of the virus, as well as through the recovery phase. (see the CEO's window). Both mines are also interested in being involved.

In the mean time, stay safe.

***We're all in this together.***

## Hotham Park Facebook Page

The Hotham Park Facebook Page is up to 174 'likes'. Have you liked it yet? Please do and then invite your friends. Have a peek and see how the foreshore project is starting to take shape.

## Recipes

Note: As a welcome addition to your recipes, Angela Davies has kindly offered free quinces and can arrange a drop off point for anyone wanting some. Please contact Angela at 9885 7178

*Courtesy Maxine Marston*

### Nuttie Crisp Biscuits

#### Ingredients

250 grms Marg  
 1½ cups Sugar  
 2 cups Plain flour  
 3 cups Oats  
 1 tspn Carb soda  
 3 tblspns boiling water  
 1 good tblspn Golden syrup

#### Method

Cream margarine & sugar; add other ingredients & soda dissolved in boiling water & golden syrup.

Makes a stiff mixture. Roll spoonfuls by hand & space out on a tray

Bake in mod oven, 180°C, until golden brown about 10 mins

**Tip.** If you pour hot water over the spoon, remove excess liquid then dip in golden syrup & it will pour of easily

*Courtesy Maxine Marston*

### Maxine's Rock Cakes

16oz S.R. flour  
 4oz Margarine  
 6oz Sugar  
 4oz Sultanas (more if you don't want to be thought as stingy)  
 2 Eggs

Milk

Mix the butter & sugar till well mixed, add eggs mix, add the flour with the sultanas mixed through (helps them mix evenly) add milk if necessary to make a stiff mix. (too sloppy makes them spread on the tray) Drop dessertspoon full on baking tray lined with baking paper. Leave a space between each rock

Cook 8 to 10 minutes in a **hot** oven till golden brown colour.

Cool on tray a short time before transferring to rack to finish cooling.

Remember

"He who eats cakes before cool outside, gets burnt going down inside

Be creative

For a change try some choc chips or chopped dried apricots instead of sultanas mixed in with the flour.

The only difference between an ordinary and a great cook is imagination.



*Courtesy Kathy Littlemore*

## BEETROOT AND CHOCOLATE BROWNIES

Prep time 15 mins, Bake 30 mins, Makes 16

### INGREDIENTS

- 200 gms beetroot, peeled and grated
- 175 gms unsalted butter, roughly chopped
- 1 ¼ cups brown sugar, firmly packed
- 200 gms dark chocolate, 70% cocoa, roughly chopped
- 3 eggs lightly whisked
- ½ cup plain flour
- 1/3 cup cocoa powder
- ¼ teaspoon nutmeg, freshly grated
- ¼ teaspoon ground cinnamon
- 1 cup cashews, roughly chopped

### METHOD

- 1 Preheat oven to 180 degrees C (fan forced 160 degree C)
- 2 Grease and line a 20cm square cake pan with baking paper and allow sides to overhang.
- 3 Place the grated beetroot, butter, brown sugar, and dark chocolate in a saucepan over medium-low heat. Stir for five minutes or until melted.
- 4 Transfer to a bowl.
- 5 Gently stir in the egg.
- 6 Sift together the flour, cocoa powder, nutmeg and cinnamon.
- 7 Sprinkle flour mix over the chocolate mix and stir gently to combine.
- 8 Stir in the cashews.
- 9 Pour into prepared caked pan and level out.
- 10 Bake for 30 – 35 minutes or until centre is just firm and a skewer comes out clean. If you like your brownies a bit chewie, bake for longer, according to taste, taking care not to let the edges burn.
- 11 Cool in pan
- 12 Cut into 16 squares.



## Fitness Classes

**Nat G PT** has moved classes online for the duration of our closure due to measures put in place by the federal government to safeguard against the spread of the corona virus.

We have 6 live classes every week using zoom meeting technology so you can see and hear your trainer as well as your classmates.

Access to all live sessions plus replays is \$15 per week. For more information you can contact Nat direct on 0417 189 966 or [natgpt6390@gmail.com](mailto:natgpt6390@gmail.com) or head to our facebook business page at Nat G PT.

## Access Life Health Fitness

Tony Carlyon

<https://www.facebook.com/accesslifehealthandfitness>

My classes are Monday/Tuesday/Thursday evening 5.30pm

Interaction is via Zoom.

Wednesday 9.00am

Friday 10.30am

Access is via a Membership.



## Indoor activities

*Courtesy Cindy Mulcahy*

Ping pong on the dining room table (improvise for bats/nets)

30 day lego challenge (private groups on facebook or you can make your own group up)

Room make-over

Paint a room

Clear out room with incentive to sell items to make money/give away to unfortunate families

Learn a board game

Learn a card game

Sewing a garment/dolls clothes

## Online activities

Learn touch typing

Whole Family tik-tok video once a week

Make a photo book online (eg snapfish /big w photos)

## Girly activities

Home made face mask

Blind folded make-up on each other

Pedicure

## Outdoor activities

Star gazing on the trampoline

Pitch a tent in the backyard

Teach how to change a tyre and check the oil/change oil and filter

Plant a vege garden

Plant a seed and watch it grow

Bath time under a backyard sprinkler



## Cloth Masks

Angela Davies is making cloth masks and if any seniors would like one, she can mail them to you at no charge or can supply the pattern. Please note that, although not medical grade, they do give some protection and being used in at least one regional hospital.

Please contact Angela at 9885 7178



*Aussie Bidet*

## An isolation activity. to do at home, in lieu of the Propagation Workshop that was to be held at the Boddington CRC on 30.2.2020.

Courtesy Robin Andersson

The following method of growing plants from cutting is the way I have produced many hundreds of native plants over the years. I do not claim to have grown many exotic species this way, but the method would work just as well for many, if not most common exotics.

Late summer and autumn are the most favourable times to grow most plants from cutting, but any time you find something special to try growing - give it a go, you may succeed.

✓ You need clean pots with good drainage, moist potting medium (commercial propagation mix, or 3 parts sharp sand to 1 part peat, or perlite 3 to 1 of peat. (I use a commercial mix purchased by the cubic metre). Plus: water to store plant material; hormone pdr or soln, or honey; sharp scissors and a skewer or similar to make holes in the potting medium.



The 2 species I have chosen here are blue lechenaultia and brown boronia.

Fresh healthy plant material is essential. Choose 10 or 12cm stems that have new growth, stand in water until working with them.

Trim off the top soft tips, cut base of cutting cleanly at an angle, just below a leaf node or side branch. Strip or trim the leaves and little branches from the lower 2/3 of the cutting, taking care not to damage the bark. Some plants strip easily, others the leaves need to be pinched or cut off because the bark peels as they are pulled. The resulting prepared cutting is 8 to 10 cms long.

Dip the cutting in the hormone solution or pdr according to the directions, or into honey. I use Esi-Root 25ml to 1 litre water. My cuttings are dipped for no less than 15 seconds. With the skewer, make holes in the pot soil (deeper than the length of the bare stems) and insert the cuttings 1/2 to 2/3 of their length into the soil. Do this gently so as not to injure the bark. The leaves should not

rest on the soil. Gently firm the soil and then gently water the pot to remove any air pockets.



▲ Material in water (waiting), 2 prepared cuttings each of boronia and lechenaultia.



▲ Lechenaultia cuttings in Esi-root soln (15 seconds minimum). A skewer is in the L pot to make the holes to insert the cuttings.

✓ Try not to allow the foliage to touch its neighbour to help prevent fungal growth.





*Continued on the next page*

## Propagation continued.....

▼ To retain humidity, cover the pot with a dome of clear plastic (with perforations).



▲ Left: A drink bottle with perforations, pushed into the pot, and Right: a holey vegetable bag supported by bamboo sticks, make individual "hot houses".

The pots should be kept in a light, humid place, out of direct sunlight. Inspect regularly to make sure the soil is kept moist NOT WET.

Roots take from about 1 month to 6 months to form, (sometimes even a year!) so be patient. Foliage growth does not always indicate that there are roots. Check root formation by gently turning out the ball of soil *without breaking it*, or by gently pulling on a cutting. Roots are often visible through the pot drain holes.

**And then** you are in business. Carefully separate each rooted cutting and plant in its own pot, with fertilizer if required. Grow it on until ready to plant in the garden ??? winter 2021.

Even one rooted cutting in a pot full is an achievement.

*Best of luck.*

*Robin Andersson.*



## Fun Facts and Resources from the PHCC



A Numbat in wild – photo credit to R.McLean

### All things Numbats

The Numbat (*Myrmecobius fasciatus*) is a small endangered marsupial animal native to parts of Australia. They have a long sticky tongue that allows them pick up termites, which they eat exclusively.

There are only two wild populations of Numbat's which exist in Australia today, one of them being in the iconic Dryandra Woodlands. Their numbers have unfortunately declined due to predation by feral cats and foxes and impacts on their habitat through clearing and grazing pressures.

*Some interesting facts about Numbats:*

- They eat up to 20,000 termites a day.
- Numbats do not need to drink water because they get enough water from the termites they eat.
- Numbats are strictly diurnal, which means they are only active during the day and their activity levels are closely linked to those of termites.
- They have an estimated population of fewer than 1000 individuals in the wild. This is less than the number of orangutans in Sumatra and even less than the number of Giant Pandas in Asia.

Numbats are bred in captivity at the Perth Zoo and every year, juveniles are released back into the wild

into areas managed by the Department of Parks and Wildlife to boost the wild population.

Numbats need to be protected from becoming extinct through habitat protection, fox and cat control, and land management to ensure the bush is left intact. Peel-Harvey Catchment Council (PHCC) coordinates a project which aims to reduce threats to some of our iconic threatened species including the Numbat. The project is called Numbat Neighbourhood and is funded by the Australian Government's National Landcare Program.

Jump onto the Project Numbat website [www.numbat.org.au](http://www.numbat.org.au) to learn more about Numbats.

#### *Resources for Children*

Project Numbat also have some great resources on their website for kids including a colouring in sheet and printable craft (go to Schools / Kids, then Activities for Kids). You can also download their school resources for Primary and Secondary Schools which may be helpful and something new to assist with learning at this current time.

#### *Get in touch with PHCC*

If you'd like to learn more about what the PHCC are up to, please contact our Hotham-Williams office and we can subscribe you to our monthly newsletter:

### **Boddington Medical Centre- Flu Vaccinations**

**Week: 6th April – 9th April**

#### **Flu Vaccinations**

**65 years and over government funded Flu Vaccinations are now available.**

**Private Flu Vaccinations are available for patients who do not qualify for government funded vaccinations.**

**Flu clinics on specific days and times have been arranged.**

## Doggie treats and toys

Courtesy: Belinda Murray

### QUICK & EASY PEANUT BUTTER DOG TREATS

#### Ingredients

- 2 cups flour
- 1/2 cup peanut butter
- 2 eggs
- 1/4 cup water



#### Instructions

- Preheat your oven to 350 F.
- Mix together your flour, peanut butter & eggs in a large bowl until slightly combined.
- Add in a little bit of water (approx. one Tbsp) at a time until the mixture is wet enough to roll out as dough.
- Roll out your dough & cut out your favorite shapes with some cookie cutters.
- Place your treats onto your baking sheet & cook in preheated oven for 15 minutes.

PUPPYLEAKS.COM

Dogs: by Belinda Murray

Who's keeping you sane in these trying times? For me, as it is for most of us, my dogs. Regardless of how I may feel, they still need fed, walked, played with, entertained, and in doing that for them it also serves to keep me busy. They also force me out of the house, just a walk around the local footy oval, but without them I probably wouldn't go. They are such an important addition to a human's life, the simple act of stroking them is so calming for both the body and mind. But do we do enough for them? Dogs needs are really very little in comparison to we humans, simple things keep them happy like playing

with them with a pull toy, scattering some of their food around the garden for them to forage, it is so important they use their noses. Hide and seek is a great and fun game to teach them. Start with teaching them the stay command, find somewhere to hide where they can find you easily, call them to you, it may take a short while for them to find you the first few times but they soon get the hang of it and it is a ton of fun. I don't offer treats for these sorts of things, just lots of happy praise, same with most of the training I do with them and they respond so well. It is important to always be happy when you train your dog, they don't understand what you are doing, they need to learn what you are asking of them and they need to be happy doing that and if you show impatience or anger they feel as if they have done something wrong, which of course they haven't.

No matter how we feel, what we are doing or where we are, they are the happy face who welcomes you home and showers us with unconditional love, it is up to you to be that in their lives as well ♥



## Please view all answers at the end of the newsletter

### TRIVIA

#### BOARD GAMES

*Courtesy Kathy Littlemore*

- Q1 Name the character in jail on the Monopoly Board.
- Q2 Still on the Monopoly Board, name the police officer on the Go to Jail space.
- Q3 What was Scrabble originally called?
- Q4 In Scrabble, how many points is the letter "K" worth?
- Q5 In which country did the board game, Snakes and Ladders, originate?
- Q6 It is popularly believed that phrase, "back to square one", originated with a board game. Which game?
- Q7 The board game Cluedo, as we know it, has nine rooms. The original version had ten rooms. What was the tenth room?
- Q8 In what year did Cluedo celebrate its 50<sup>th</sup> anniversary?
- Q9 Where did Chess originate?
- Q10 When a Chess player declares "Check Mate", which opponent's chess piece has run out of moves?

### WHO IS WHO

- Q1 Cressida Dick is the first female to hold which position of authority in Britain?
- Q2 Who is the current Governor of Western Australia?
- Q3 Who is the Prime Minister of Canada?
- Q4 Who is the Director General of ASIO?
- Q5 Who is Australia's Deputy Prime Minister?
- Q6 Who is the current Prime Minister of New Zealand.

Q7 Lucy Turnbull and wife of previous Prime Minister Malcom Turnbull was the first female Lord Mayor of Sydney. What position of authority did her father Tom Hughes hold?

Q8 What country currently has the world's youngest serving Prime Minister and what is her name?

Q9 What does the MI stand for in Britain's MI5 and MI6?

Q10 In Australia's history, what is the name of the most deployed military working dog?

### FLORAL EMBLEMS

- Q1 What is Australia's floral emblem?
- Q2 What is the national flower of Ireland?
- Q3 What is the floral emblem of Laos?
- Q4 What is the national flower of Malaysia?
- Q5 What is the floral emblem of Vietnam?
- Q6 What is the national flower of China?
- Q7 What is the national flower of the Austria?
- Q8 The USA and the UK and which other country have the rose as their national flower?
- Q9 What is the floral emblem of Brazil?
- Q10 What is the national flower of Holland (The Netherlands)?



## Please view all answers at the end of the newsletter

### SPORTS

- Q1 What date did the Boddington Sport and Recreation Centre open?
- Q2 What are "Budgy Smugglers"?
- Q3 Which Australian has won the FIM World Motorcycle Championship 5 times?
- Q4 What is the significance of the number 99.94 in sport?
- Q5 In 2016 the Wallabies played 15 tests. How many did they win?
- Q6 U.S Baseball star, Babe Ruth played for the Boston Red Sox, New York Yankees and which other baseball team?
- Q7 Which father and son jockeys both rode the Melbourne Cup winners twice each?
- Q8 The fifth Netball World Championship was held in Trinidad and Tobago in 1979. There were no provisions to split a dead-heat. Three teams finished with eight out of nine wins. Australia was one team. Who were the other two teams?
- Q9 What three movements are required for an athlete to successfully complete a triple jump?
- Q10 How many players are there on an ice hockey team?

### Did you wash your paws?



### GENERAL KNOWLEDGE

- Q1 How many golf balls are on the moon?
- Q2 Who is the patron saint of Ireland?
- Q3 In which city is Murdoch University?
- Q4 How many ships were in the First Fleet?
- Q5 What attraction would you be exploring if you followed the Bright Angel Trail down into the Colorado River?
- Q6 What painter is famous for painting soup cans?
- Q7 What objects are emblazoned on the Jolly Roger?
- Q8 What is the cubed root of 64?
- Q9 What letter lies above "A" on a computer keyboard?
- Q10 What was Hawaii formerly known as?

### More Games

*Courtesy Chris Littlemore*

Jigsaw puzzles

<https://www.jigsawplanet.com/>

Crosswords

<https://www.mindfood.com/thinkandwin/puzzles/crossword/>

Sudoku

<https://sudoku.com/>

Puzzles

<https://www.arkadium.com/au/free-online-games/puzzles/>

Please note that the above list is not warranted to be free from malware. Use at your own risk.

If you have more suggestions please let Tamsin know [ea@boddington.wa.gov.au](mailto:ea@boddington.wa.gov.au)



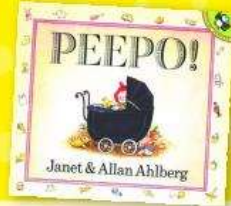
# 30 Books

to read before you're 3!

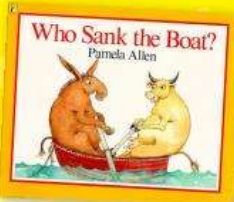
The books on this list have been selected by children's literature specialists from the Better Beginnings team and are proven favourites with babies, toddlers and their families.



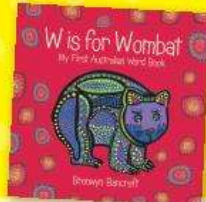
**There Was an Old Lady Who Swallowed a Fly**  
Illustrated by Pam Adams



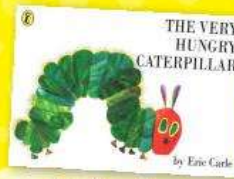
**Peepo!**  
Written & Illustrated by Janet and Allan Ahlberg



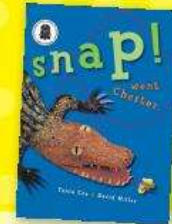
**Who Sank The Boat?**  
Written & Illustrated by Pamela Allen




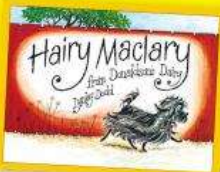
**W is for Wombat**   
Written & Illustrated by Bronwyn Bancroft



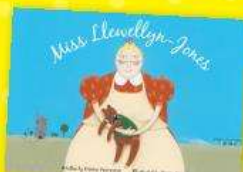
**The Very Hungry Caterpillar**  
Written & Illustrated by Eric Carle



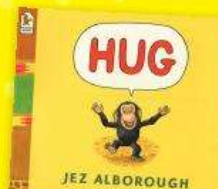
**Snap! Went Chester**   
Written by Eric Carle  
Illustrated by David Miller



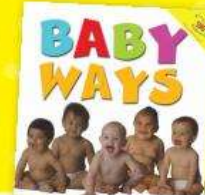
**Hairy Maclary from Donaldson's Dairy**  
Written & Illustrated by Lynley Dodd




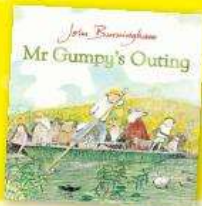
**Miss Lewellyn-Jones**  
Written by Elaine Forrester  
Illustrated by Moira Court



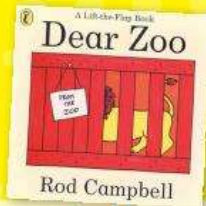
**Hug**  
Written & Illustrated by Jez Alborough



**Baby Ways**   
Written by Nola Allen & Margaret Robson Kett  
Photographs by Frances Adrijich



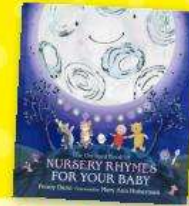
**My Gumpy's Outing**  
Written & Illustrated by John Burningham



**Dear Zoo**  
Written & Illustrated by Rod Campbell



**Ten in the Bed**  
Written & Illustrated by Penny Dale



**The Orchard Book of Nursery Rhymes for Your Baby**  
Illustrated by Penny Dann

 indicates Australian author / illustrator



**Did you know that your child can have their own library card?**

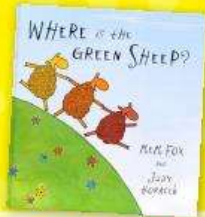
Make visiting your library a regular part of your week. Ask about Rhyme Time and Story Time sessions too!

**Better Beginnings** is a family literacy program for children from birth to five years and their families. It is an initiative of the State Library of Western Australia and is distributed through public libraries and community health agencies.

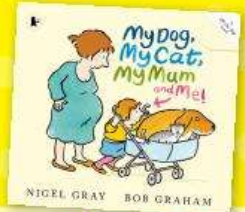
For more book suggestions or further information check out our website:  
[www.better-beginnings.com.au](http://www.better-beginnings.com.au)



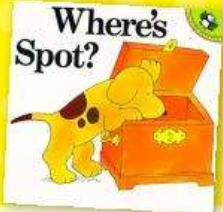
Can't find the exact book shown here? If there are other books by the same author or illustrator that look suitable, try them instead! Or ask for suggestions at your local library.



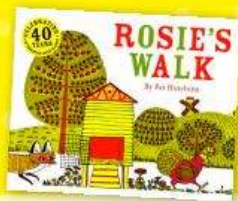
**Where is the Green Sheep?**  
Written by Mem Fox  
Illustrated by Judy Horacek



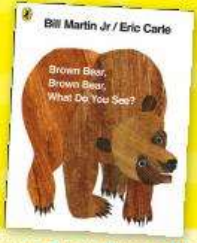
**My Dog, My Cat, My Mum and Me!**  
Written by Nigel Gray  
Illustrated by Bob Graham



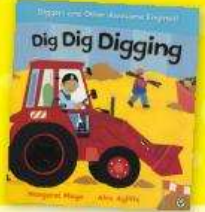
**Where's Spot?**  
Written & Illustrated by Eric Hill



**Rosie's Walk**  
Written & Illustrated by Pat Hutchins



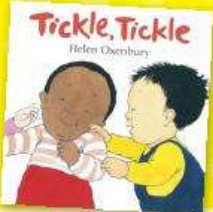
**Brown Bear, Brown Bear, What Do You See?**  
Written by Bill Martin Jr / Eric Carle  
Illustrated by Eric Carle



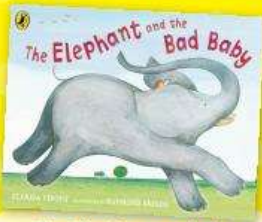
**Dig, Dig, Digging**  
Written by Margaret Mayo  
Illustrated by Alex Ayliffe



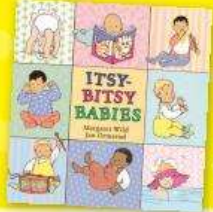
**Look See, Look at Me**  
Written by Leonie Norrington  
Illustrated by Dee Huxley



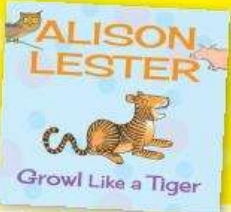
**Tickle, Tickle**  
Written & Illustrated by Helen Oxenbury



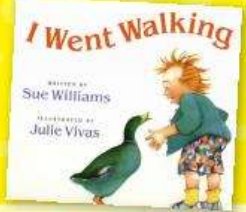
**The Elephant and the Bad Baby**  
Written by Elfrida Vipont  
Illustrated by Raymond Briggs



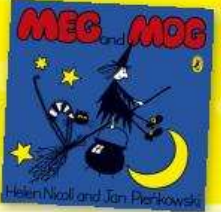
**Itsy-Bitsy Babies**  
Written by Margaret Wild  
Illustrated by Jan Ormerod



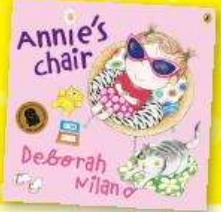
**Growl Like a Tiger**  
Written & Illustrated by Alison Lester



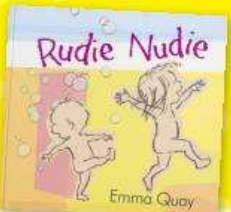
**I Went Walking**  
Written by Sue Machin  
Illustrated by Julie Vivas



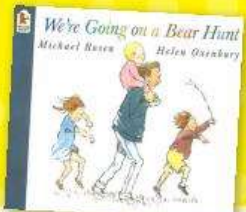
**Meg and Mog**  
Written by Helen Nicoll  
Illustrated by Jan Pienkowski



**Annie's Chair**  
Written & Illustrated by Deborah Nilandi



**Rudie Nudie**  
Written & Illustrated by Emma Quay



**We're Going on a Bear Hunt**  
Written by Michael Rosen

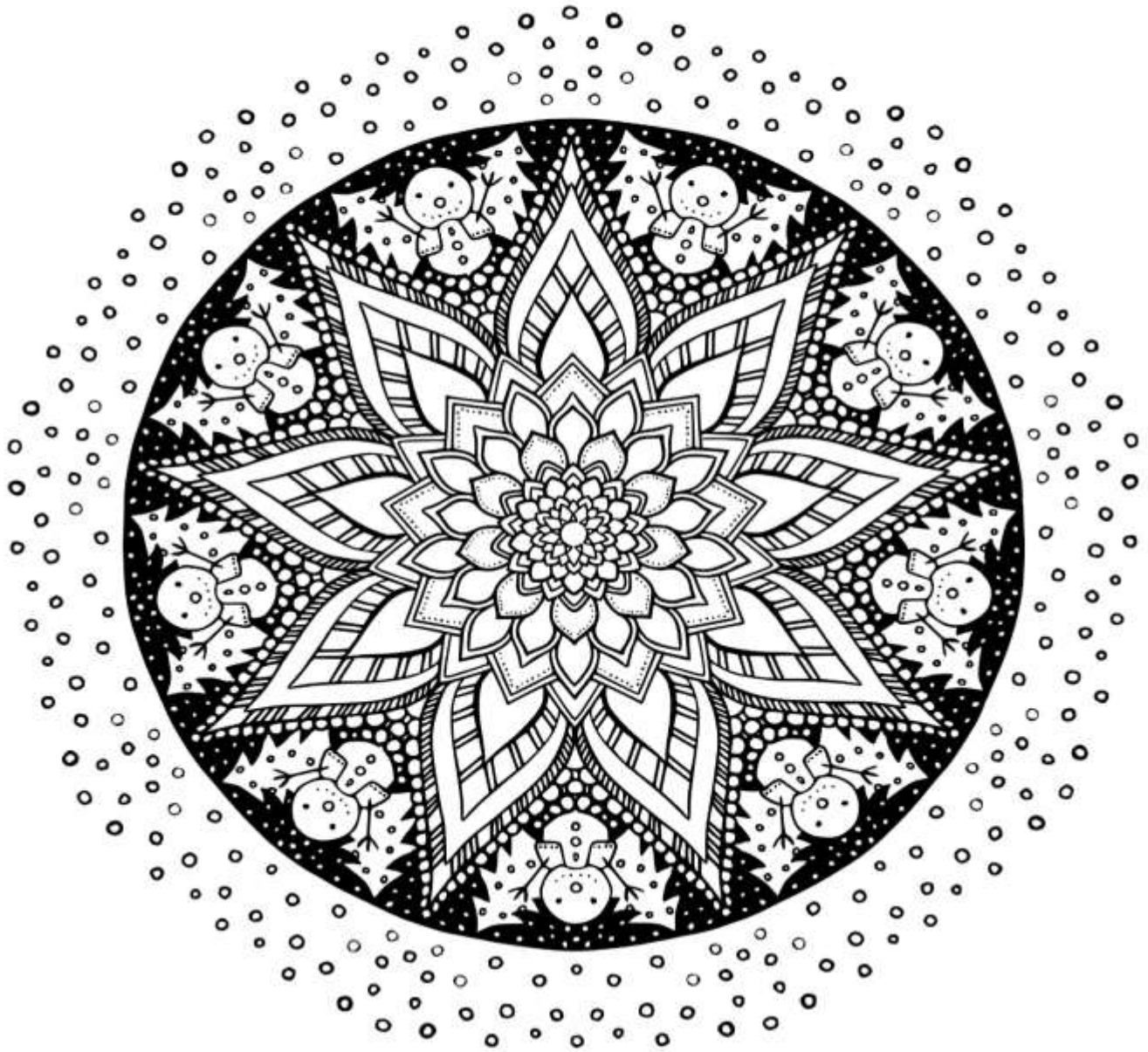
**Tried & True!**  
Any books by these authors and illustrators are great for your child... they are just a few of our favourites.

**Margaret Wise Brown**  
**Lucy Cousins**  
**Martin Waddell**

**Pamela Allen**  
**Jeanette Rowe**  
**Eric Hill**



Colouring in Page -Courtesy Kathy Littlemore: Mandela



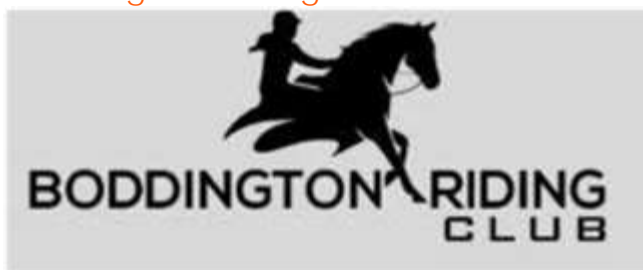
WHEN I COUNT  
MY BLESSINGS  
I COUNT YOU TWICE



**Colouring in Page:** *Courtesy Kathy Littlemore: Attached is a colouring page from the Colour and Read version, featuring Archie the dotty Dalmatian dog who lived in Boddington in real life.*



## Boddington Riding Club News



Everyone is talking about COVID19 but the horses stand at the hay roll munching as if nothing has changed. Little do they know of the current situation impacting all aspects of their owner's lives including curtailing the antics of Boddington Riding Club.

The Boddington Riding Club AGM, held on March 18<sup>th</sup>, saw a new committee appointed featuring some familiar faces and welcoming some new ones. Keen to get started but with lack of ability to hold physical events to kick off the year the attention of the committee has turned towards the direction the club will be taking in 2020.

With most people currently having more time for daydreaming from the confines of their homes the riding club committee has decided to channel our energy into a vision of the club events to commence once the pandemic is over, because it will be over - just no one knows exactly when!

The foundation idea is to hold a once monthly club day where both juniors and seniors will have a session. What these sessions comprise is yet to be established and with a membership with diverse interests in equine pursuits, from trail riders to competitive riders doing endurance to eventing, the options are endless. So we start with a few basic suggestions to get the ideas flowing and welcome input from interested members via the poll on our Facebook page.

Preliminary suggestions include:

- Lessons from visiting instructors – discipline based on demand but may include:

- Dressage
- Jumping
- Working equitation
- Agility
- Natural horsemanship
- General riding
- Biomechanics

- Club run events such as:

- ✦  gymkhana games

- ✦  par de deux/musical rides (this is so much fun)

- ✦  poles/jumping sessions

- ✦  trail rides

- ✦  member talks on experiences or interests

- ✦  information talks for external specialists

- ✦  corporative rally days where we help one another by being the 'eyes on the ground' perhaps focusing on a theme for example riding accurate school figures for a dressage test

In the meantime, we will endeavour to post on the riding club Facebook page to share information to help us all get through the isolation! Anxieties such as 'can I get feed?' and 'will the farrier still come?' are shared throughout the horse community. At this time, supporting one another in positive ways is paramount to everyone's wellbeing. Please feel free to hop on the club page and share information and ideas.

Or email: [boddridingclub@gmail.com](mailto:boddridingclub@gmail.com)



# SCHOOL HOLIDAYS

Date	Activity	Time	Location	Info
<b>Week 1</b>				
Tues 7 Apr	BYC ART CLUB Come Join "Loren B" in a interactive hr of Art.	11am	BYC Members FB Group	Check FB Event for items to use.
	Girls Talk Let's chat. Hair, Make-up, day to day issues...	1pm	ZOOM	Zoom Link will be on FB Grp
	Parents Chat How are you handling the new Normal?	3pm	ZOOM	
Wed 8 Apr	HUMP DAY, CHALLENGE DAY Check our Instagram for your weekly challenge, prizes to be won.	10am	BYC Members FB Group	For All
	Teen Fit Come join me for a Inter"Active" Session. Bring your drink bottle and towel.	11am	ZOOM	12yrs&Up
Thur 9 Apr	BYC KITCHEN Join us in our kitchen who knows where we will be?	11am	ZOOM	Check our Event for ingredients needed
	Movie Day Do you have Netflix? Choose a movie or fav program from the poll, watch as a group.	1pm	Netflix Party Need Google Chrome	Check FB Event 13+
	LUNCH TIME CHAT What's for Lunch?	12pm		
Fri 10 Apr	GOOD FRIDAY HAPPY EASTER STAY SAFE, WASH YOUR HANDS AND DO THE ELBOW SNEEZE.	CLOSED		
<b>Week 2</b>				
Tue 14 Apr	BYC ART CLUB Come Join "Loren B" in a interactive hr of Art.	11am	BYC Members FB Group	Check FB Event for items to use.
	Girls Talk Let's chat. Hair, Make-up, day to day issues...	1pm	ZOOM	Zoom Link will be on FB Grp
	Parents Chat How are you handling the new Normal?	3pm	ZOOM	
Wed 15 Apr	HUMP DAY, CHALLENGE DAY Check our Instagram for your weekly challenge, prizes to be won.	10am	Boddington Youth Centre Members Group	For All
	Teen Fit Come join us for a Inter"Active" Session. Bring your drink bottle and towel.	11am	ZOOM	12yrs&Up
Thur 16 Apr	LEGO WARS Ready Steady Build	10am	ZOOM	All Ages
	ZOOM GAMES Scavenger Hunt-House Back Yard	11am	ZOOM	
	LUNCH TIME CHAT What's for Lunch?	12pm		
Fri 17 Apr	QUARIN-TEEN TIME -HIGH SCHOOL SESSION Chat Room for all Youth 13+ Challenge each other in a game of Pictionary, Charades or dance off...	6pm	ZOOM	13+ We can split older groups if needed up to 18yrs of Age
<b>Week 3</b>				
Tue 21 Apr	BYC ART CLUB Come Join "Loren B" in a interactive hr of Art.	10am	BYC Members FB Group	Check FB Event for items to use.
	Girls Talk Let's chat. Hair, Make-up, day to day issues...	11am	ZOOM	Zoom Link will be on FB Grp
	Parents Chat How are you handling the new Normal?		ZOOM	
Wed 22 Apr	HUMP DAY, CHALLENGE DAY Check our Instagram for your weekly challenge, prizes to be won.	10am-3pm	Boddington Youth Centre Members Group	For All
	Teen Fit Come join me for a Inter"Active" Session. Bring your drink bottle and towel.		ZOOM	12yrs&Up
Thur 23 Apr	BYC KITCHEN Join us in our kitchen: ANZAC Cookies.	10am	ZOOM	ALL AGES
	ZOOM GAMES Quiz time	11am	ZOOM	
	LUNCH TIME CHAT What's for Lunch?	12pm	ZOOM	
Fri 24 April	QUARIN-TEEN TIME -HIGH SCHOOL SESSION Chat Room for all Youth 13+ Challenge each other in a game of Pictionary, Charades or dance off...	6PM	ZOOM	13+ We can split older groups if needed up to 18yrs of Age



youth@boddington.wa.gov.au



0438 372 109



@Boddyouth



## What's happening kids!!!!

### Boddington Youth Centre Crew

<https://www.facebook.com/BoddYouth/videos>

Head on over to catch up with our team from Boddington Youth Centre We are putting together an interactive program to keep everyone's mind and body active while at home.

We have made a video we made for our youth. "Boredom Busters" Feel free to check out our Boddington Youth FB page.

Please refer to Boddington Youth Centre Page/Group or Instagram @Boddyouth.



### Stay connected guys



It's an uncertain time. That's for certain.

If you're feeling overwhelmed, anxious or stressed by coronavirus (COVID-19), be reassured that this is a normal response. It's important to go easy on yourself and take time for self-care. Looking after your mental health is as important as looking after your physical health.

Resources: The Mental Health Emergency Response Line, free call on 1300 555 788 (metro) or 1800 676 822 (regional).

Suicide Call Back Service: [www.suicidecallbackservice.org.au](http://www.suicidecallbackservice.org.au) – 1300 659 467.

In country areas please contact Rural link on 1800 552 002.



IT'S NORMAL  
TO FEEL SAD,  
STRESSED,  
CONFUSED, SCARED  
OR ANGRY DURING A  
CRISIS.

Talking to people you trust can help, such as friends and family or your fellow community members. follow the link for tips on coping  
<https://headspace.org.au/>

## Employment

### Child Care Vacancies at Early Learning Centre

Applications are invited from qualified:

- Early Childhood Educators (Diploma) / Certificate III
- Early Childhood Teacher

Please send your resume, copy of your qualifications and covering letter to [hr@boddington.wa.gov.au](mailto:hr@boddington.wa.gov.au)

or contact the Centre Manager, Karen Hampton on 9883 9424 for a confidential discussion.

## Facilities & Infrastructure

### Boddington Library

Closed temporarily

Restricted deliveries available by email

[library@boddington.wa.gov.au](mailto:library@boddington.wa.gov.au) 0418952166

### Bounce Buddies

Contact: Charlotte Miles 0452182382

### Early Learning Centre

23B Pollard Street, Boddington 6390; Monday through Friday 6:00am – 6:00pm.

Bookings for 5:30am by appointment only.

Please ensure your child is booked in for after hours 5:30am – 6:00am & 6:00pm – 6:30pm

\*penalties for late collection; Contact: Karen Hampton, Centre Manager 08 9883 9424 or

Email: [melc@boddington.wa.gov.au](mailto:melc@boddington.wa.gov.au).

### Boddington Playgroup

For details on current classes, please contact Rachel 0439 283 345 or [boddington.playgroup@gmail.com](mailto:boddington.playgroup@gmail.com)

### Better Beginnings

Better Beginnings is going online. Live videos will be streamed at 10am Tuesdays and Thursdays starting on Thursday the 9th of April. Videos can be viewed through our new Facebook group - Boddington Library. All videos will remain on the page and can be viewed at later times.

Better Beginnings is aimed at children aged 0-5 & their parents/carers. It supports parents in reading to children to build the early literacy skills they need to become good readers & succeed in school.

### Boddington Youth Centre

Currently closed but please refer to Boddington Youth Centre Page/Group or Instagram @Boddyouth.

### Waste Collection

Every Tuesday

Please ensure your bins are on the verge for collection by 6.00am.

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### Boddington Tip

#### Opening Hours

Tuesday 10.00am to 4.00pm

Thursday, Saturday and Sunday

11:00am to 3.00pm

Located on Robins Road

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### Ranger Services

0428 838 025

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### Boddington Visitor Centre

#### Boddington Public Library

[library@boddington.wa.gov.au](mailto:library@boddington.wa.gov.au)

0418 952 166

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### Cemeteries

Please contact the Shire for information & reservations regarding the Boddington, Marradong & Quindanning cemeteries.

## Bush Fire Information

We have now entered our next (and final) phase of the 2019/20 bush fire period, Restricted burning-permits required.

I would like to thank everyone for their responsible actions over the Prohibited burning season.

To obtain a permit to burn, contact your brigade captains who will issue the permit or let you know their designate permit issuer. Despite the recent rain we are still looking at dry fuels so if you can hold off burning until later please do so. Permits to burn are required up until 26 April 2020 however the date may be varied either way dependent on seasonal conditions. Any change to the dates will be advertised.

If you are burning off, ensure you follow the requirements of the permit. Have adequate water on hand and please continue to monitor the fire through to extinguishing of the fire. Please monitor the weather prior to ignition, as we will still have a few hot days as well as windy conditions preceding the cold fronts, and delay burning until conditions better suit. Ensure you notify your neighbours as well before commencing the burn.

We will now start to see a lot of smoke around as DBCA will begin their important autumn fuel reduction program and the farmers begin cleaning up the paddocks prior to seeding. With your help we can continue our successful fire season through to the end and here is hoping for an early and extended winter wet season.

William Batt, Chief Bush Fire Control Officer

### Bush Fire Information

#### PROHIBITED BURNING PERIOD

FROM 15/12/2019 until 14/03/2020 inclusive

#### RESTRICTED BURNING

15/3/20 – 26/4/20 inclusive

Please be aware these dates are subject to change due to weather conditions.

BE AWARE WHEN HARVEST AND VEHICLE MOVMENT BANS ARE ON AND WHAT THAT MEANS TO YOU

For any enquiries please contact your local Fire Captain

or the Shire Ranger [0428 838 025]

## Compassionate Community - BCRC Update

### Shopping

At the request of the Shire of Boddington, the Community Resource Centre (BCRC) will take the lead role in coordinating the delivery of essential supplies to vulnerable people who are self-isolating and who have no local support to help with shopping. If you need assistance, we will ring you on a weekly roster to obtain a shopping list which will be sent to a nominated supplier in Boddington, and delivered to your home.

If you know of someone who is self-isolating, and does not have a friend, relative or neighbor who is willing to assist, will you please email [reception@boddingtonoldschool.org](mailto:reception@boddingtonoldschool.org) or ring 9883 8246 and let us know.

We are looking for volunteers who are willing to deliver the groceries once they are prepared for dispatch. Will you kindly ring or email your details if you are willing to assist?.

Please be patient as we implement the process, as it is likely that there may be some teething problems. If you become aware of any issues, will you please contact the BCRC and let us know, so that we can fix it as soon as possible. As a community we applaud the work of various people who have taken the initiative to talk to people, make lists and prepare vital information which has enabled us to proceed.

### Centrelink

The operating hours for Centrelink are being extended by ½ hour during April 2020, however this will be reviewed by Centrelink on a monthly basis. We will now be available for appointments between 10am and noon each weekday. Ring 9883 8246

### Boddington Post Office Announcement

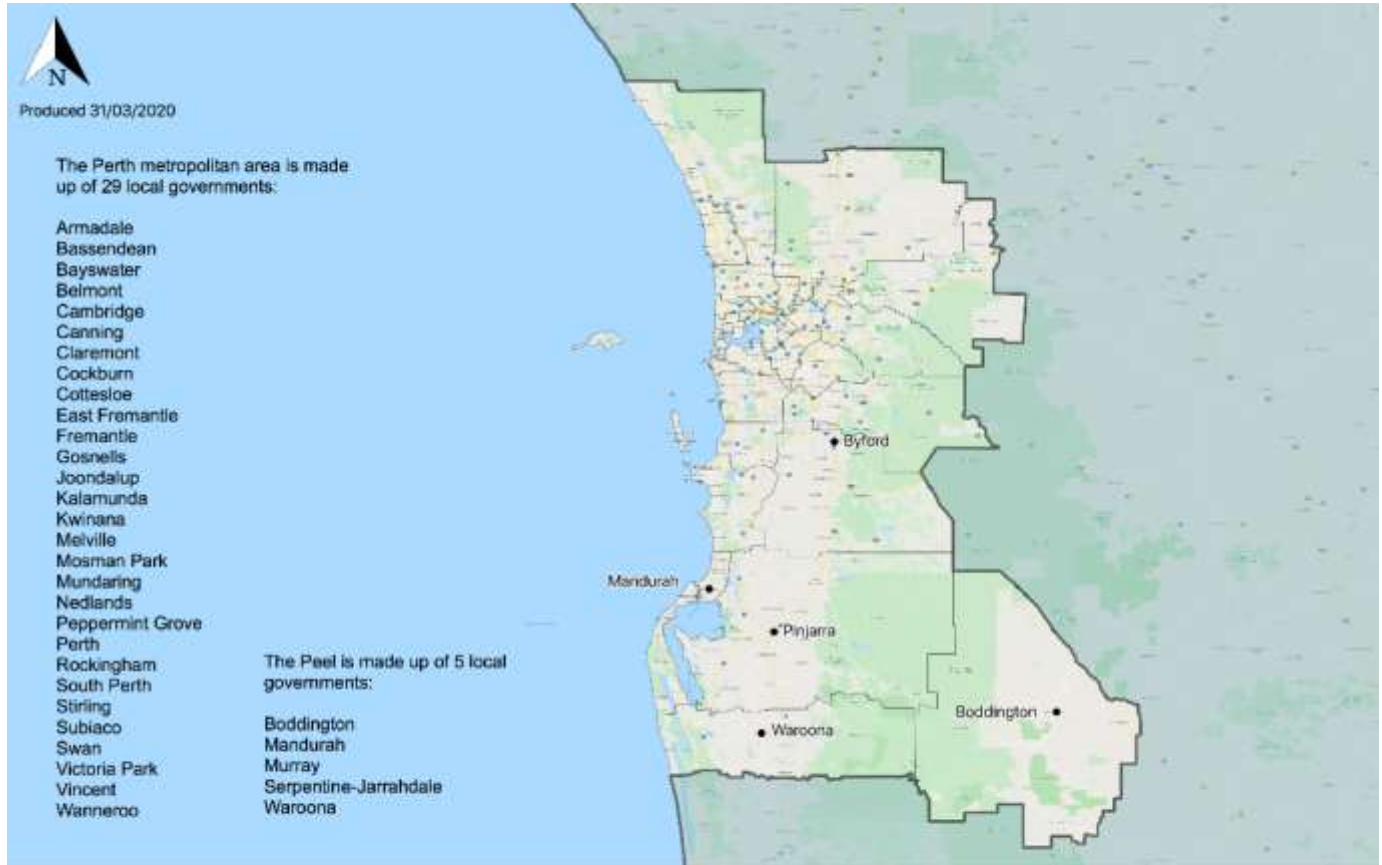
The post office is still open for business as usual. The exception is that mail and parcels are being delayed due to the domestic aircraft not flying, so all mail (including express) will be coming to WA by road.

This is out of our control and for people to be patient, we will get the mail and parcel out as soon as possible.

## Regional Border Travel Restrictions

The Western Australian State Government has introduced intrastate travel restrictions effective from 11:59pm Tuesday 31 March 2020 to reduce the spread of COVID-19.

These restrictions will prevent non-essential travel across regional boundaries and due to their close proximity, the **Perth and Peel regions will combine into one region.**



## Perth and Peel Region



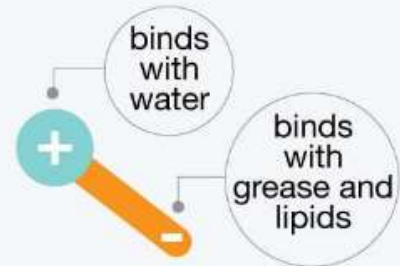
# How soap works against Covid-19

There is a simple reason authorities keep telling you to wash your hands with soap to help combat the spread of Covid-19. IT WORKS.



## Infection:

Studies show people touch their face an average of 23 times an hour, including 10 touches of nose, mouth or eyes – the three infection points for the coronavirus.



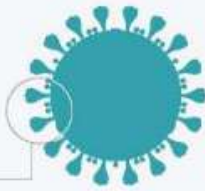
## Soap molecule:

Can mix with both water and oils and fatty acids (lipids)



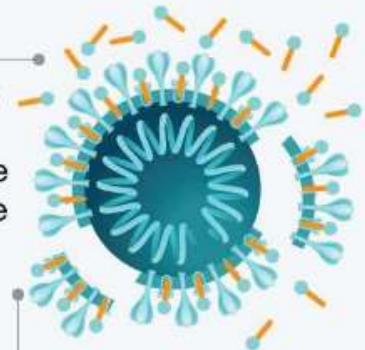
## Covid-19 virus:

Has protein spikes which it relies on to enter human cell and replicate



Virus has protective lipid membrane

Soap molecules in water bind to the membrane



And then break it down. Viral particles are washed away by water



## Hand washing:

Destruction of the virus takes at least 20 seconds



## Hand sanitisers:

Vigorous cleaning. Needs at least 60% alcohol content

Source: American Journal of Infection control, RNZ



## Stay Up-To-Date With The Latest Wa Restrictions

Here is the link to the latest travel restrictions

<https://tinyurl.com/r2flqy2>

and a link to all the State of Emergency Declarations

<https://tinyurl.com/wzpvqx4>



Government of **Western Australia**  
WA Country Health Service

# How to socially distance

## Stop the spread of COVID-19



Attempt to keep 1.5 metres  
apart from others.



Offer clients telehealth or phone  
consults and reduce face to face  
staff meetings.



Avoid contact with older and  
more vulnerable people.



Avoid shaking hands, hugging  
or kissing to greet.



Practice good hand hygiene.



Avoid, or reduce time spent in  
crowds (including public  
transport).

### For advice call:

National Coronavirus Health Information Line:

1800 020 080

24 hours a day, seven days a week

If you require translating or interpreting services

call: 13 14 50

[www.wacountry.health.wa.gov.au](http://www.wacountry.health.wa.gov.au)

**ANSWERS****TRIVIA -BOARD GAMES**

- A1 Jake the Jailbird.
- A2 Officer Edgar Mallory.
- A3 Criss-crosswords
- A4 Five.
- A5 India.
- A6 Snakes and Ladders.
- A7 The Gun Room.
- A8 1999
- A9 India.
- A10 King

**WHO IS WHO**

- A1 Commissioner of the Metropolitan Police, (Scotland Yard).
- A2 Kim Beazley
- A3 Justin Trudeau
  
- A4 Mike Burgess
- A5 The Honourable Michael McCormack MP
- A6 Jacinda Ardern
- A7 Tom Hughes was Australia's Attorney General from 1969 to 1971.
- A8 Finland. Sanna Marin.
- A9 Military Intelligence.
- A10 Sharne

**FLORAL EMBLEMS**

- A1 Golden wattle.
- A2 Shamrock
- A3 Frangipani
- A4 Hibiscus
- A5 Lotus
- A6 Plum Blossom
- A7 Edelweiss
- A8 The Maldives
- A9 Cattleya Orchid

A10 Tulip.

### SPORTS

A1 22 February 2017

A2 Aussie men's swimwear.

A3 Michael Doohan

A4 It is Donald Bradman's batting average.

A5 Six

A6 Boston Braves

A7 Billy Cook and Peter Cook . Billy won in 1941 and 1945, on Skipton and Rainbird. Peter won in 1981 and 1984 on Just A Dash and Black Knight.

A8 New Zealand and Trinidad and Tobago

A9 Hop, step, jump

### GENERAL KNOWLEDGE

A1 Three

A2 Saint Patrick

A3 Perth

A4 Eleven

A5 The Grand Canyon.

A6 Andy Warhol

A7 Skull and crossbones

A8 Four

A9 Q

A10 The Sandwich Islands